

High School Reflection Essay Outline: Reflect on the past four years of high school

Your final essay must:

- be typed and double spaced
- follow MLA format
- be at least 500 words
- demonstrate academic tone and language

**I. Introduction** Summarize your high school career

- A. Describe the person you are and explain how high school has helped you to become that person.
- B. Thesis: State the overall feeling you have about your performance in high school

**II. Challenges**

- A. State a strength and challenge as a student in high school (academically and socially)
- B. Give a specific example of how you demonstrated your strength; explain why you believe it is a strength
- C. Give a specific example of a challenge you faced in class; explain why you believe it is a challenge
- D. Tell how you overcame the challenge or explain why you have not overcome the challenge

**III. Engaging and Disheartening Moments**

- A. State your most engaging moment and your most disheartening moment
- B. Describe the engaging moment and illustrate the reason it was so memorable; who was involved? What did you do? Why was it engaging? What did you learn (about life, yourself, etc.?)
- C. Describe the disheartening moment and illustrate the reason it was so memorable; who was involved? What did you do? Why was it disheartening? What did you learn (about life, yourself, etc.?)

**IV. What Would You Have Done Differently?**

- A. State what you would have done differently in high school
- B. Explain why you would do this differently; what outcomes would be different?

**V. Suggestions for Our School**

- A. State what our school should do differently to help our school become even better
- B. Give a specific example and explain in detail how it should be changed and why

**VI. Positively Acknowledge Those Who Helped**

- A. State the positive aspects of our school
- B. Give a specific example of classes, teachers, adults, peers who helped you and explain what they did

**VII. Conclusion**

- A. Summarize your main points
- B. Create an abstract insight or provide words of wisdom